

DIRECTIONS FOR THE VASECTOMY PATIENT

1. You will be at our office approximately 45 minutes to an hour.
2. You will need someone to drive you home if Valium is elected. We would prefer this to be your wife so that she may sign the consent form.
3. Please bring an athletic supporter to wear home for comfort.
4. Discontinue all aspirin and aspirin products 10 days prior to the vasectomy.
5. Eat a light meal prior to the procedure.
6. If you have any questions, please feel free to call the office and speak to the nurse.
7. We require 24 hours notice for cancellation of vasectomy appointments. A \$40 late cancellation fee will be administered if appropriate notification is not given.

PREPARING FOR THE VASECTOMY

1. Shave the scrotal area. Most patients find this is done best in the shower either the night before or the morning of your appointment.

Cleanse the scrotum as you would normally. With the area wet, use a disposable razor to shave the front part of the scrotum. Removal of all hair is unnecessary. Shaving cream may help.

2. Don't forget to bring a jock strap and wear jockey shorts. Have someone to drive you home from your appointment.