

**ROCKFORD UROLOGICAL ASSOCIATES, LTD.**  
**351 Executive Parkway**  
**Rockford, IL 61107**  
**(815) 398-4057**

**PROCEDURE INSTRUCTIONS FOR ULTRASOUND OF THE PROSTATE AND/OR  
PROSTATE NEEDLE BIOPSY**

**PLEASE FOLLOW THESE INSTRUCTIONS FOR YOUR UPCOMING PROCEDURE**

1. You will be given a prescription for 5 antibiotic tablets. Please take 1 pill in the morning and 1 pill at night on the day before your procedure. Take 1 pill in the morning and 1 pill on the night of your procedure. Take one pill the morning after the procedure.
2. You must purchase a Fleet's enema to use one to two hours prior to your appointment.
3. Eat breakfast the morning of the procedure. Fasting is not recommended.
4. Stop all aspirin or aspirin-like products (Motrin, Advil, Aleve, etc.) **BEFORE** the procedure. Stop up to 10 days prior to the procedure if possible. You may take Tylenol or Celebrex.
5. If you are on Coumadin (warfarin) Plavix (clopidogrel) or any other blood thinner for a heart or vascular condition, this **must** be stopped five days **AHEAD** of the procedure and should be started again after the biopsy.
6. If you take **COUMADIN** because of an artificial heart valve, you **must** discuss this with your Rockford Urological Associates urologist before stopping.
7. You must have a driver if you take an oral sedative.

**YOUR ULTRASOUND AND NEEDLE BIOPSY IS SCHEDULED FOR**

\_\_\_\_\_ **AT** \_\_\_\_\_

**YOUR FOLLOW-UP APPOINTMENT IS SCHEDULED FOR**

\_\_\_\_\_ **AT** \_\_\_\_\_